

I am an HCPC registered Dietitian in the UK. I qualified in 1982 and then gained an MSc in Exercise and Health Sciences in 1999 from Edinburgh University. I worked for 33 years in the NHS, primarily as a Dietitian in acute and primary care as well as 10 years in public health nutrition.

In 2012, I was seconded to the Scottish Government Primary Care Department as a national programme manager to improve services in primary care in order to decrease emergency attendances at hospital. I was also involved in the development and launch of Scottish Government Multimorbidity strategy

In 2015, I spent 6 months in States of Jersey as Interim Primary Care Project Director. I worked with stakeholders to design a primary care transformation programme, publishing a white paper to transform primary care for the Islanders.

I now work as an independent health consultant in primary care. I recently become chair of newly formed primary care group of The European Federation of the Associations of Dietitians (EFAD) and represent them on this Committee.

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