Workshop at the EFPC Barcelona 2023 conference

- The outline is a max. ½-1 page summary of the session, which will be published in the programme book
- Please enclose a small photo of the (main) presenter and a short, 2-lines, biography
- Deadline: 15 May 2023

Outline format:

Title:

Physiotherapy in Primary Care

Authors/presenters:

Chairperson: Maria-Louisa Busuttil (Malta), Physiotherapist, Assistant- Director Allied Health Care Services, Ministry for Health. She is an Advisory Board Member of European Forum of Primary Care and Executive Committee Member Europe Region of World Physiotherapy

Speaker 1: Marc Lladó (Spain), Physiotherapist, working in Can Bou Primary Care Team (PCT) (CASAP, public health provider, Catalonia) as a referent physiotherapist in community health program.

Speaker 2: Cedric Sciberras (Malta), Physiotherapist currently working at the National Sport School.

Speaker 3: Snjezana Schuster (Croatia), Senior Research Associate, and Associate Professor, employed at the University of Applied Health Sciences in Zagreb and collaborator at the Faculty of Kinesiology. She is a member on the Primore II Research Board of the European Forum of Primary Care and a member on the Education Working Group of the Europe Region of World Physiotherapy.

Purpose:

The overarching learning objective of this session is to provide an overview and discuss various physiotherapy primary care services in the EU with the further understanding of the position paper of the Europe Region of World Physiotherapy named “Physiotherapy in Primary Care”

Learning Objectives:

Speaker 1: To explain and discuss the implementation process of physiotherapy service in a Primary Care Centre aimed for people with chronic musculoskeletal pain and people in frailty or pre-frailty situation with education and therapeutic exercise as a main tool.
Speaker 2: To outline and discuss the milestones in the development and implementation of physiotherapy services at the National Sports School in Malta with a full understanding of how physiotherapists screen and treat athletes as first-hand contact practitioners.

Speaker 3: To familiarize and discuss the presence of education on primary care in entry-level physiotherapy education programs in Europe.

Video: To provide an overview on the Position Statement of Europe Region of World Physiotherapy “Physiotherapy in Primary Care”

Learning Outcomes:

Speaker 1: To understand and discuss patient change of role, from passive to active and how to involve patients in the understanding and self-healing of their situation. To discuss the tools in order to reduce pain episodes in intensity and/or frequency in patients with chronic musculoskeletal pain and people in frailty or pre-frailty situation.

Speaker 2: To understand and discuss the milestones in the development and implementation of physiotherapy services at the National Sports School in Malta with a full understanding of how physiotherapists screen and treat athletes as first-hand contact practitioners.

Speaker 3: To understand how Primary Care Physiotherapy Research Programs help develop a solid foundation for evidence-based practice, improve patient outcomes, develop, and improve their assessment and diagnostic skills, contribute to the development and refinement of clinical guidelines specific to primary care, enhanced interdisciplinary collaboration, professional growth and development.

Video: To understand the position of the Europe Region of World Physiotherapy on Primary Care

Context:

The context is Physiotherapy Services in Primary Care in Europe, where direct access measures are being used to be able to provide access to physiotherapy service in primary care in a timely manner. The position paper of the Europe Region of World Physiotherapy named “Physiotherapy in Primary Care” will be positioned in this discussion and an adjunct context will be include which is the Physiotherapy Education Programmes.

State of the art:

Title of Presentation Speaker 1: Physiotherapy program in primary and community care in CASAP

Title of Presentation Speaker 2: Development of Physiotherapy Services at the National Sports School Malta

Title of Presentation Speaker 3: Physiotherapy Research Programmes in Primary Care
Video: Position Statement of Europe Region of World Physiotherapy “Physiotherapy in Primary Care”

These sessions will be followed by a discussion with the conference participants according to questions and comments presented on the occasion which will enrich the above listed learning objectives.

The session is state of the art since it presents and provides the opportunity for discussion of physiotherapy primary care services in the EU, and which included contexts such as the physiotherapy education programmes and the position of the Europe Region of World Physiotherapy. This is surely a first in the Conference of the European Forum of Primary Care.

Picture of main presenter:

Chairperson: Maria-Louisa Busuttil (Malta), Physiotherapist, Assistant- Director Allied Health Care Services, Ministry for Health. She is an Advisory Board Member of European Forum of Primary Care and Executive Committee Member Europe Region of World Physiotherapy. She co-chairs the Mental Health working group of the Europe Region of World Physiotherapy and the Professional Practice Working Group of the Europe Region of World Physiotherapy.